

A close-up photograph of a podiatrist wearing blue nitrile gloves using a foot file to treat a patient's foot. The patient's foot is held steady by another gloved hand. The background shows a clinical setting with a white plastic drape and a green patterned wall.

**NEXTGENERATION**  
TRAINING

**Foot Health Practitioner**  
**Diploma Course**  
With Next Generation Training

# Foot Health Practitioner Diploma Course With Next Generation Training

Recent estimates indicate there were 285 million people in the world with diabetes in the year 2009 and this is projected to increase to 438 million by 2030 (Shaw, Sicree and Zimmet, 2010). Currently 18% of the UK population is aged 65 plus, with figures expected to rise to 24.8% by 2050. This means the demand for Foot Health professionals will continue to rise!

## About Us

Next Generation Training has been an established private training provider since 2016. Based in the heart of Huddersfield town at the modern Media Centre Next Generation Training specialises in delivering the L4 Foot Health Practitioner Diploma course and Sports Massage qualifications L3-L4 as well as many related continued professional developments (CPD courses).

Our 862 sq. ft office is a modern environment for our students and provides all the essential needs for our students to train and learn within. We pride ourselves on delivering high standard courses and customer service to our students, things that we think should be mandatory for any educational provider.

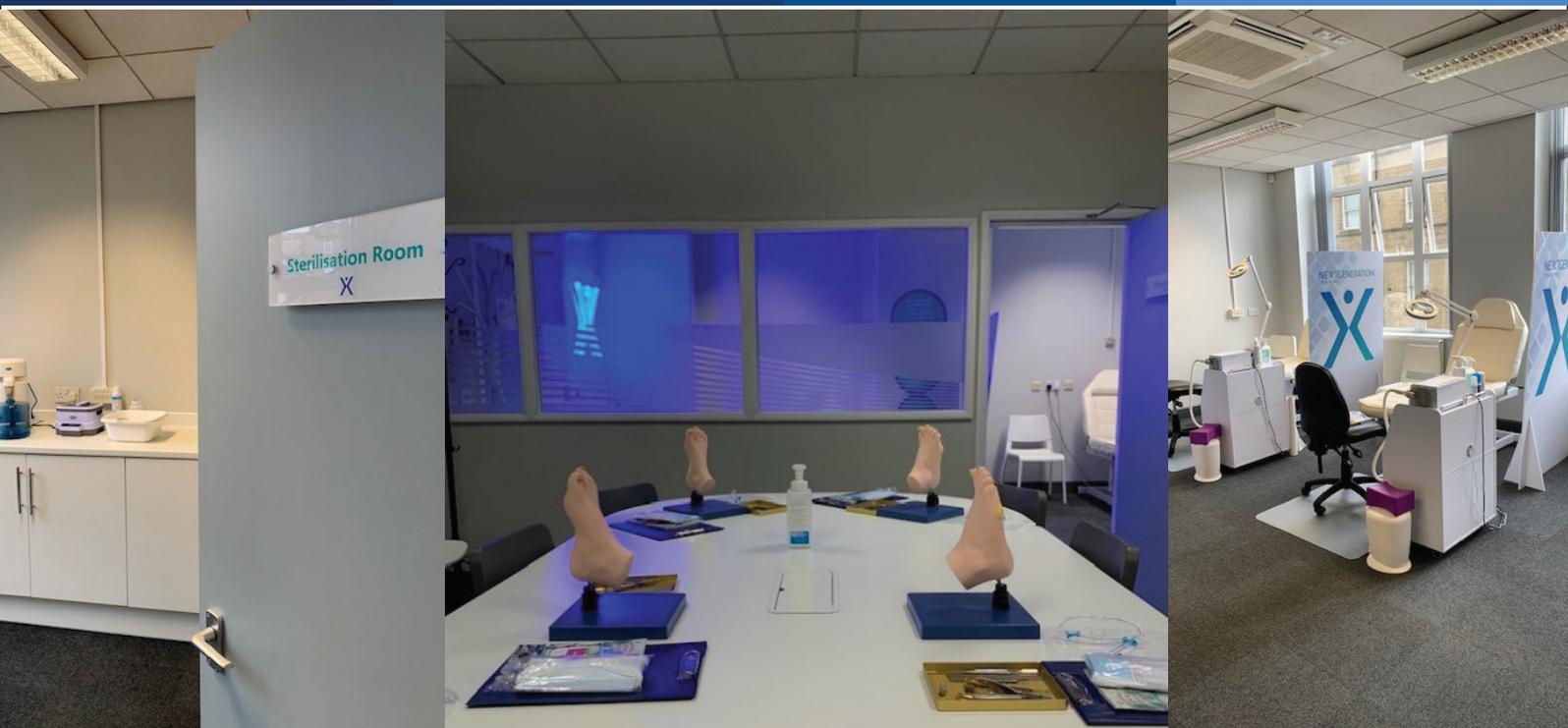
Our training clinic is a three-minute walk from Huddersfield train station which is ideally located for anyone travelling from Manchester / Leeds, the north and the south.

All day car parking is available close by and there are various hotels within walking distance to our training facility for anyone wishing to stay overnight during their days of training.

The most popular hotels our students stay at are:

The Premier Inn - Aspley, Huddersfield

The Travelodge - Leeds Rd, Huddersfield



## About Foot Health Care

There is no greater satisfaction than to care for others, and our Foot Health Care Course gives you the opportunity to do just that in your own practice. The human foot is one of the most complex and neglected of body parts. Every step we take places two and a half times our body weight on the 26 bones that make up each foot, and it has been estimated that we walk 3 times around the planet in a lifetime. However, the foot is highly sensitive and like any machine part suffers wear or damage when injured or stressed beyond its capability.

Here's where you come in. Though there may be little wrong with their feet, circumstances may prevent people looking after them; Arthritis, painful hip joints, stiff knees or lack of flexibility may put their feet out of reach or prevent use of scissors or nippers. However, others do have problems with their feet, from corns, calluses, verruca, flat-foot and bunions to nail conditions and structural defects, many of which can be treated without surgery or medical intervention. Some just enjoy being pampered or are concerned to maintain their bodies in optimum condition.

All of these people need the help of a Foot Health Practitioner, a professional trained to deliver care and advice either in a private surgery or in the home.



## Our Foot Health Practitioner Qualification

Our Course not only gives you a complete grounding in foot anatomy, care and diagnosis but provides the information and support you need to establish a successful practice. Completion of the course enables you to be registered as a qualified Foot Health Practitioner via the Professional Register for Foot Health Care (PRFHC) This qualification is provided by the PRFHC and is also accredited by the Complimentary Medical Association (CMA) of who we are a registered training provider/ college.

The qualification title is 'Foot Health Practitioner Diploma' and is graded by the PRFHC and CMA at L4 standard.

Guided Learning Hours (GLH) are estimated to be 125 hours. All the theory aspect of the course is completed via home study which has to be completed within 12 months of enrolment but does not have to be completed prior to attending a practical course although it would be advantageous for students to complete course work prior to practical training attendance.

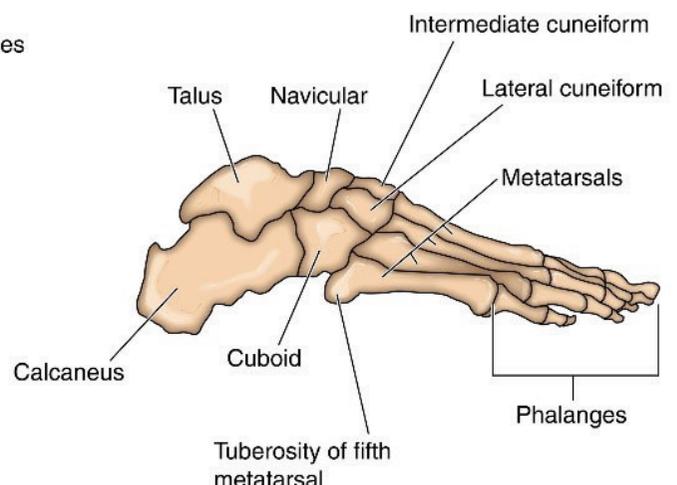
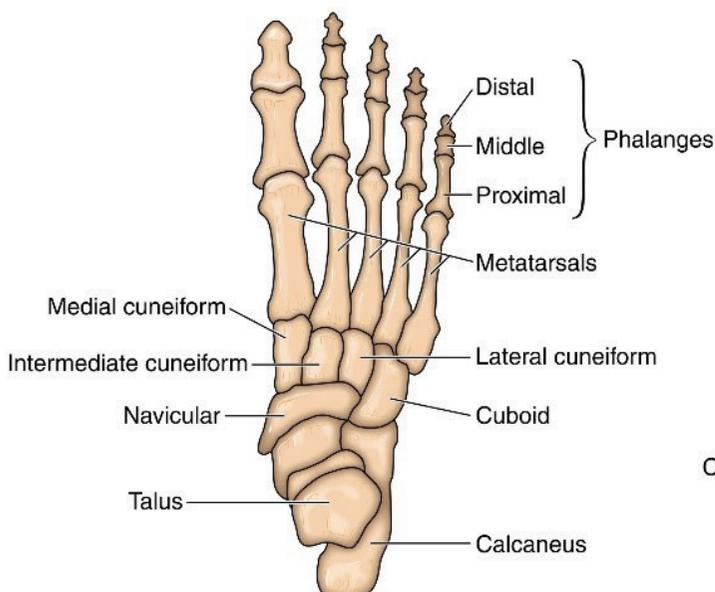
Coursework consists of 17 manual modules covering anatomy and physiology, diabetes and

clinical waste amongst many other things foot related.

There is one workbook of 44 questions to complete which can be answered with assistance from your training manual. There are no essays with this course!

During your five-day practical training days (8:45-17:00), you will be assessed on a minimum of four in clinic treatments on members of the public and your practical training days prior to the assessment are to get you prepared for this along with a free run before official assessment commences.

Students are provided with the workbooks electronically upon completion of enrolment to the course and the learning manual is posted to students within 2-3 working days.



## Practical Training

Practical training consists of five clinical training days between the hours of 8:45-17:00. In class you will get to practise on a foot model before treating course colleagues and then progress to treating in clinic patients with various foot conditions. There is a maximum of four students per course, therefore ensuring students get plenty of tutor attention and time. Its important our students are aware that there is NO reequirement to have completed coursework prior to attending practical training.

You will practically learn

- Nail cutting and filing
- Nail reduction with a drill and various drill burs
- Corn and callus removal with scalpel's, drill burs and files
- Insight into fungal nail testing
- Nail Fenestration - The modern way for treating fungal nail
- Vascular and neuropathy testing for diabetics
- How to use and apply paddings and dressings
- How to make custom paddings and protectors with the latest technology of silicone moulding putty
- How to use scalpels, gouge blades and drills including the latest top grip cylinder bur
- Learn the various ways to remove callus with different instruments and equipment including the latest auto-clavable diamond sanding caps
- How to correctly cut nails
- How to massage the feet
- Give a foot health consultation and give patient aftercare advice
- Business Skills for setting up your foot health business
- The different types of instruments and their practical uses, pro's and con's.
- How to correctly prepare instruments for sterilisation.

You will learn how to diagnose and treat various conditions of the foot such as:

- Corns
- Callus and cracked heels (fissures)
- Ingrowing nail
- Fungal nail infection
- Verrucae

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After working on class colleagues over the first two days you will then work on real clinical clients for the remaining three days where you will be gradually challenged by a variety of foot conditions and amount of patients to treat. On average students will have 10 patient appointments booked per student.

It is a requirement that all students attending their practical training days gain their student insurance in order to practise practically. Students will be notified of where this can be obtained prior to attending the practical course days. Insurance for the lowest £1m indemnity cover is £93 for a 12-month policy covering you as a student and once qualified to practise.



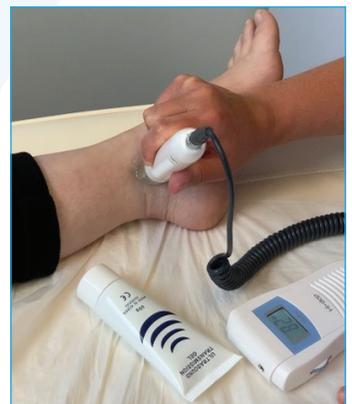
Foot model used for student practise



Fungal nail testing



Neuropathy assessment



Vascular assessment



Nail fenestration Practise



Padding Practise



Working with clinic patients with varying conditions of the foot



## Frequently Asked Questions

### Are there any entry requirements for this course?

There are no entry requirements for this course. The course is available to anyone who has no prior knowledge of working with the feet.

This course is proven to be popular with beauty therapists as there is no real progression from that qualification except CPD courses and beauty professionals who do pedicures tend to come across many conditions of the foot and are unable to help their clients with these. By completion of this qualification, beauty therapists have extra skills and services to offer their clients.

Those who work as Carers also see this qualification as being an added advantage as carers tend to come in contact with many elderly patients and carers are not allowed to provide foot health care, even simple cutting of the nails. Therefore; this qualification can allow carers to offer an essential extra service to patients whilst earning an extra income.

The course is structured to cater for a complete beginner who has never held any instruments or touched a pair of feet.

### What do I get with this course?

Learners will receive the following for the course:

- Hard copy learning manual
- E-Course workbook and printed copy
- Tutor support throughout your course journey.
- Five days of practical training in a clinical environment by a qualified FHP and experienced tutor.
- Available registration with the Professional Register for Foot Health Care (PRFHC) and its many benefits.
- Option to join the Complimentary Medical Association.
- Availability of insurance via our partners Towergate.
- Discounted instruments and consumables from our Next Generation Foot Health Supplies store.

## What can I expect upon qualification?

After qualification you will be able to work with patients and by the end of your practical training, it is our responsibility to ensure you are able and confident to do so. You will be fully insured as you will have obtained the insurance to practise for your practical training, all we recommend is you contact the insurer to let them know you are no longer a student and are fully qualified.

You can join the Professional Register for Foot Health Care upon completion of your course and have access to industry webinars, discounted CPD courses and discounted instrument and product supplies.

You will still have your tutor for support when needed but you will be given an abundance of information which will have been presented to you and discussed during your practical training days. This will be supplied by email after your training course so you can always refer back to it.

Many students set up as a self-employed Domiciliary (mobile home visit) practitioner. This is the least expensive way to set up and gain patients, rather than setting up a clinic. As many patients are elderly, they prefer having treatments in the comfort of their own home. As a practitioner you will be able to provide the foot health care and service they need as well as being a welcomed face every 6-8 weeks.

Upon joining the PRFHC our graduates can join the Facebook group and gain support and advice from experience like minded foot health professionals.

## What are the progression routes upon qualification?

For this course the progressions can be CPD courses toe nail reconstruction and many more that are out there. Another progression is to undertake a Podiatry degree where upon completion of the degree course you can gain employment within the NHS and private practises and be conducting nail surgery and aid with biomechanical issues.

Some of our own graduates have gone on to Huddersfield and Salford University and having a prior Foot Health Practitioner qualification has proven to be an advantage to securing a course place.

With the Foot Health Practitioner qualification, some former graduates have gained employment as Podiatry assistants, both within the NHS and private practises.

## What are the financial benefits and the outlay costs?

As a Foot Health Practitioner, you should be looking to charge a minimum amount of £25 per treatment. You always have to take in to account:

- The cost of your education to become qualified
- The cost of your equipment and consumables
- Your time and cost taken to travel to patient's homes
- Your time taken to sterilise instruments for patient safety
- Time taken to write up post treatment patient notes

Many practitioners will have two charges or just one charge per treatment and depending upon the area and competition, some charge up to £35 per treatment.

Once fully up and running with your business and having an average of 25-30 patients a week, a Foot Health Practitioner's income per annum based on an 11-month year (taking holidays into account) could easily be £33,000 - £39,600 pa based on treatments at £30.

We've covered some of the costs earlier, but other costs can be;

- Autoclave for sterilisation
- Drill
- Ultrasonic cleaner and water distiller
- Instruments
- Consumables
- Vehicle costs (if mobile)
- Clinic costs if setting up one

The autoclave is the most expensive item you will need to purchase, but also the most important. We will run through the choices and costings of autoclaves when you attend your practical training, along with drills and other foot health supplies. The good thing about instruments is that as you get busier, you can build up your supply of these, rather than purchasing 20 sets at the start of your career. You will be offered a highly discounted starter kit during your training attendance. You may also need to prioritise a budget for marketing; leaflets, magazine adverts, website etc. The best way to advertise is to do all things that are free, such as social media and placing posters in local shops and word of mouth.

Getting care home business is big business in foot health care. Treating 20+ patients in one day within a care home charging a reduced rate (say £20) can be £400+ in one day for just simply nail cutting and filing.

## Why should I choose Next Generation Training?

There are a variety of reasons:

- You'll be a name and not a number – your custom will be appreciated
- We are a small organisation, we are not a cash cow organisation wanting to get in as many students as possible, we cater for four Foot Health students per practical training course only.
- We have courses running eleven months of the year where possible.
- We are responsive to emails and some calls seven days a week. Whilst our staff have lives out of the general office working hours, we are responsive to student contact. We know as a student you don't want to be waiting days for a reply when you need our help, therefore we get back to students the same day.
- We are a modern training provider and keep things up to date, we aren't afraid to change and our courses evolve every year where possible. We expect our students to reflect on their learning experiences and as an organisation we do too, if we can do something better for our students, we will and if we can offer better, we will.
- We offer a nice modern training environment and we like training to be relaxed where possible as we all learn better when we are.
- You'll treat a good variety of foot conditions where possible and all past graduates are very complimentary about the kindness of our in-clinic patients.
- We use up to date and the latest instruments for the course. Again, if we think there's something that can make the role of a Foot Health Practitioner easier whilst being safe and effective, we feel this something we must consider introducing.
- We can supply you with discounted instruments and consumables during your course visit and after. Our instruments are custom made by our manufacturer to our specified requirements. You'll get to use our own branded instruments throughout your training days.
- We're not pushy with sales. If you contact us, we'll respond. We appreciate people know their own minds and we will not bombard you with calls, emails etc. We will provide you with all the information you require and be honest and transparent at the same time. We hope this course and others we provide will sell themselves after all the great reviews and reputation we have.
- We feel we offer great value for money in your entire course and in the five days of practical training.

## What others say about Next Generation Training and their Foot Health Practitioner Course Experience

### **Agnieszka Jablonska** – Facebook Review

“Just finish my week practical training with NGT, absolutely recommend to anyone who think about starting career as Foot Health Practitioner. Packed with all necessary information, easy to communi-cate, they always reply very quickly to any questions, made sure we have models with as many differ-ent problems as possible to practice on. Very clean practice room, very relaxed atmosphere. Really looking forward to start my new journey!”

### **Annabel Smith** – Facebook Review

“I trained with Next Generation Training a few months ago now. I am now running a successful FHP business. I am so pleased I trained with them, they were very approachable, the group was small and I got lots of great one to one advice. Thanks.”

### **Emma Jackson** – Facebook Review

“I completed my practical part of the course last week. The tutor was very professional and friendly. We did a range of clients with different needs, which gave us valuable experience and knowledge. This helped to give us the confidence to become competent Foot Health Practitioners. I would definitely recommend this course and training provider.”

### **Suzanne Eckton** – Google Review

“I have recently qualified as a Foot Health Practitioner through Next Generation Training. After look-ing at different training providers I found that NGT was the best value for money, Chris was a fantas-tic tutor, very passionate about his work and very knowledgeable helpful. Communication was excel-lent throughout my course. I would highly recommend this course to those who wish to pursue training or a career as a Foot Health Practitioner. Thank you again NGT”

### **Jane Gill** – Google Review

“The tutor is very professional and loves his job he has so much enthusiasm for teaching and sharing his knowledge. I would highly recommend Next Generation Training if you are thinking about venturing into the world of feet. The tutor also runs his own foot health practitioner business and will go the extra mile to make sure his clients are happy. I would definitely recommend Next Generation Training. I absolutely loved every minute.”

## ENROL ONTO THIS COURSE TODAY!

You will need to refer to our website course page to complete your enrolment. The website address is <https://nextgenerationtraining.co.uk/courses/foot-health-practitioner>

Proceed to the bottom of the page.

1. Decide how you wish to pay. If you are paying in full, then click the relevant button at the bottom of the course page to process the full payment.
2. If you wish to pay in monthly instalments you will need to click and process an initial payment of £295 and then click and process your bank details to authorise us to take direct debit payments from you. We will link you up to the relevant plan that you advise us of when sending us your completed enrolment form. You will receive emails regarding your direct debit plan once it has been set up by our partners GoCardless.
3. Once you have completed the payment option of your choice you will need to download and complete the enrolment form which is again at the bottom of the course website page. Once completed (check all information is correct), please send this to [enrol@nextgenerationtraining.co.uk](mailto:enrol@nextgenerationtraining.co.uk) or your Next Generation contact or alternatively send in the post to the address given at the back of the document. Please note that an official signature is required, printed or typed names will not be accepted.
4. Once payment has been processed and your enrolment form has been received, we will get you started with your course and contact you via email. It is important that you check any junk/spam folders within your email should any of our emails not appear in your inbox.

Require Further Information – Contact us  
Tel: 01484 500729  
Email: [info@nextgenerationtraining.co.uk](mailto:info@nextgenerationtraining.co.uk)



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FOR FOOT HEALTH CARE

